

Northwest Zone Chatter

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2007 Northwest Zone Short Course Meters Championships

December 1, 2007

A Swim Meet for Adults in a Relaxed, Fun Environment
Bartlett High School Pool, Anchorage, Alaska
Warm-ups: 10-11 a.m. Event 1 at 11:15 a.m.

Alaska Masters will host the 2007 Northwest Zone Short Course Meters Zone Championships at their annual short course meters meet on December 1st. This meet will be the first zone championship hosted by Alaska. Early registrations are due by November 16, 2007. Registration fee is \$25. Race day registration will be available (fee: \$40).

Bartlett is a 50-meter pool divided by a bulkhead into separate race and warm-up areas.

Please see *Zone Champs* on page 2

2008 XII FINA WORLD MASTERS CHAMPIONSHIPS

The 2008 XII FINA Masters World Championships will be held in Perth, Western Australia from 4/17/2008 - 4/25/2008. This is a long course meet. Meet information is available from John Lynch, +61894418232, info@2008masters.org; or on the FINA web site at 2008finamasters.org.

Challenge Stadium, in Perth, Western Australia has already been home to two FINA world championships and many world records. Australian Olympic swimmers regularly train there. Now Challenge Stadium will host the best ever FINA World Masters Championship.

"Perth boasts more sunny days per year than any other Australian capital city"

LMSC'S

ALASKA
INLAND NORTHWEST
MONTANA
OREGON
PACIFIC NORTHWEST
SNAKE RIVER
UTAH

WEB PAGES

<http://www.akmswim.org/>
<http://www.inlandnwmasters.org/>
<http://www.swimoregon.org/>
<http://www.swimpna.org/>
<http://www.utahmasters.org/>

COMMUNICATIONS

Watch for future issues of the Northwest Zone Chatter. Send any news you would like to have included.
Northwest@USMS.org



USMS Fitness Award

Mary Sweat of Oregon Masters received the USMS Fitness Award at the 2007 National Convention in September.

Mary was honored for her many contributions to promoting Fitness events. It was noted at Convention when the Award was presented that she was not even on the Fitness Committee, but her dedication in this area stood out.

This year, Mary has coordinated the USMS Fitness Event called "Go the Distance".

It has proved to be one the most successful Fitness events ever.

Congratulations Mary!

Zone Champs from page 1

There are 8 lanes divided by Kiefer/Flo-thru lane lines. Timing will be with a Colorado 5000 or IST timing system with touch pads and 1-button manual back-up. The start system uses a horn/strobe. Swimmers will be limited to five events.

Events will be seeded slowest to fastest with males and females combined. There may be a break (up to 10 minutes) after the free relays and before the medley relays if requested by relay participants.

1500 Free: The 1500 free is open to the first 24 swimmers signing up for that event. Check-in will be required by 12:00 noon. Seeding is fastest to slowest regardless of gender or age. This event may be reseeded after check-in.

Meet Hosts: Northern Lights Swim Club Boosters is once again donating its services to run this meet. Please be sure to thank the deck crew volunteers, as without their generous support, this meet would not be possible.

Mail your entry/registration and entry fee to: Kenneth Winterberger
3000 Capstan Drive
Anchorage, AK 99516
Contact: e-mail: kwinter@alaska.net
907-345-5800 (home)

The entry form is available at
http://www.akmswim.org/pdfs/2007_SCM_Meet_InfoEntry.pdf

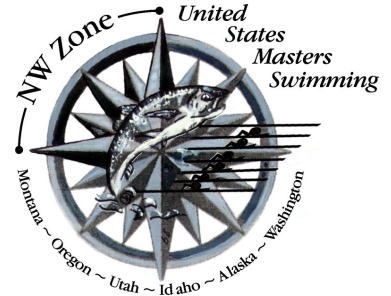
Oregon's Aqua Master 2007 USMS Newsletter of the Year

The Aqua Master editor, David Radcliffe acknowledged the award as follows: The success of the Aqua Master is based on the well written articles that cover all aspects of Masters swimming in Oregon. This Award was earned by our dedicated writers and their willingness to contribute. Special Thanks to: Chair Jody Welborn for the Chair's Corner; Rachel Skoss (all the way from Australia) for the Fitness Articles; Bob Bruce for Long Distance Articles and reports on Postal Events and the Open Water Series; Dennis Baker for the Coaching Articles, Alison Moore (all the way from Virginia) for excellent Entry Blanks; Gary Whitman for writing a special program so all the results from the meets are neat and in orderly columns; Stephen Darnell for submitting records from every meet so the new Record Holders can be highlighted; Mary Sweat for Top Ten and FINA reports; Ralph Mohr for the interesting "Swim Bits" that have been featured the last few months; and all OMS swimmers who have submitted WOWs and PRs. Joe Oakes has written several great articles about Open Water swims. We are anxiously awaiting his report from Ireland. A special thanks to Nancy Radcliff for proofing the Aqua Master. Another thanks to all who are starting to submit pictures to the Aqua Master. Barb Harris, Tim Budd, Charlie Helms, TJ Moneta, Mary Sweat, Wes Edwards and Doug Brockbank have all had pictures used recently. The new software and quality pictures have added a great deal to the Aqua Master. The Aqua Master also received the 2004 TYR USMS Newsletter of the year award.

The Federal Way Kings' newsletter was the runner-up for newsletter of the year. Dan Smith is the editor.

2007 USMS Ransom Arthur Award

PNA's immediate past-president Jeanne Ensign formally received her 2007 Ransom Arthur Award, the top USMS honor, at the US Aquatic Sports banquet held during the annual convention. Despite being roasted in typical Masters tradition, Jeanne did a great job staying composed before the assembled body of 1,200 delegates representing all five U.S. aquatic sports. Joining Jeanne on this special occasion was her daughter Jada, who flew in from New York.



CLUB ASSISTANT HIRED BY UNITED STATES MASTERS SWIMMING FOR ONLINE REGISTRATION

Partnership to Improve Service to USMS Members

September 26, 2007 - United States Masters Swimming, Inc., announced on Wednesday evening, September 26, 2007 at the United States Aquatics Sports Convention in Anaheim, California that Club Assistant was hired to create and build an online registration system to serve their swimming members.

This announcement means that members of the United States Masters Swimming will soon be registering for their 2008 memberships via an online application process. The expected launch date of this system is projected for year-end 2007. "Club Assistant provides Masters Swimming with a cost effective and comprehensive solution to our online registration needs. This initiative supports our strategic plan by using technology to provide better service to our members." Todd Smith, Executive Director.

No longer will USMS members be required to mail in a registration application and pay with a check. Its members will be given the opportunity through this highly desirable approach to sign up for membership online and pay with a credit card. This will make registration efficient and immediate.

Dan Wegner, President and CEO of Club Assistant expressed, "We are thrilled to be selected by USMS to use our online registration design for their membership. We look forward to a long relationship with USMS, the LMSC's, registrars and the swimming community we will be serving."

Club Assistant has been providing online web-based services to the swimming and athletic community for more than 7 years. Its many clients include swim teams, water polo organizations, triathlon groups, running groups, country clubs, charities, businesses and more. All of these clients recognize the ease and efficiency of online registration, meet registration, event management, membership organization and tracking, in addition to many customized features added or designed by their technical team for each organizations specific needs.

If you have any questions regarding this press release please contact Club Assistant's Customer Support Team at 888-794-6638 or Todd Smith, Executive Director of USMS at 317-846-8409

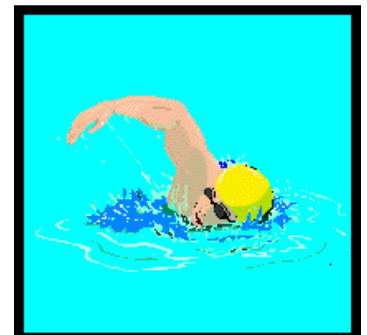
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NORTHWEST ZONE EVENT SCHEDULE

| Year | Month | Date | Event | Course | Location |
|------|----------|----------|--|--------|--------------------|
| 2007 | November | 18 | University of British Columbia Meet | SCM | Vancouver, BC |
| 2007 | December | 1 | NW Zone/AKMS Annual Short Course Meters Meet | | Anchorage, AK |
| 2007 | December | 1 | Nanaimo Ebttides Meet | SCM | Duncan, BC |
| 2007 | December | 9 | Multnomah Athletic Club | SCM | Portland, OR |
| 2008 | January | 13 | Oregon City "Snowball" Meet | SCM | Oregon City, OR |
| 2008 | January | 19 | Thunderbird Aquatic Club | SCY | Anacortes, WA |
| 2008 | January | 26 | Mile High Winter Swim Meet | | Heber City, UT |
| 2008 | January | 26 | Canby Animal Meet | SCY | Canby, OR |
| 2008 | January | 27 | Cowichan Meet | SCM | Duncan, BC |
| 2008 | February | 2 | Chehalem Meet | SCY | Newberg, OR |
| 2008 | February | 10 | EBSC Love to Swim Meet | SCM | Vancouver, BC |
| 2008 | February | 17 | Bellevue Club | SCM | Bellevue, WA |
| 2008 | February | 17 | QUAC Ski and Swim Meet | | Utah |
| 2008 | March | 8 | Orca SCY Meet | SCY | Seattle, WA |
| 2008 | March | 15 | Victoria Masters Meet | LCM | Victoria, BC |
| 2008 | March | 29 | Briggs YMCA Beat the Clock Meet | SCY | Olympia, WA |
| 2008 | March | 29-30 | Montana Masters Championships - MSU | SCY | Bozeman, MT |
| 2008 | April | 4-6 | OR Assn Championships | LCM | Tualatin Hills, OR |
| 2008 | April | 12 | State Championships SCY Charity Meet | SCY | Fairmont Park, UT |
| 2008 | April | 12-13 | PNA Champs & NW Zone SCY Champs | SCY | Federal Way, WA |
| 2008 | April | 17-25 | XII FINA World Championships | LCM | Perth, Australia |
| 2008 | April | 18-20 | MSABC Provincial Championships | SCM | Kamloops, BC |
| 2008 | May | 18 | Columbia Gorge Masters Meet | SCM | Hood River, OR |
| 2008 | May | 1-4 | USMS National Short Course Champs | SCY | Austin, TX |
| 2008 | May | 23-26 | Masters Swimming Canada Nationals | SCM | Quebec City, PQ |
| 2008 | June | 7 | Utah LCM Meet Kearns Aquatic Park | LCM | Salt Lake City, UT |
| 2008 | August | 3 | USMS 3-6 Mile Open Water Champs | OW | Elk Lake, Bend, OR |
| 2008 | August | 14-17 | USMS National Long Course Champs | LCM | Gresham, OR |
| 2007 | Jan 1 | - Dec 31 | USMS 30 Minute Swim | any | Local Pools |
| 2008 | Jan 1 | - Jan 31 | USMS One Hour Postal Swim | any | Local Pools |
| 2008 | Jan 1 | - Dec 31 | USMS Check-Off Challenge | any | Local Pools |

For information on meets in Canada, check the BC Masters website:

www.mastersswimming.bc.ca