

**Attachment A**

## NW Zone Championship Order of Events

| Year    | Courses                           |                                   |                                   |                                   |                                   |                                   |                 |                 |                 |
|---------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------|-----------------|-----------------|
| 2006    | Z-LCM                             | Z-SCM                             |                                   |                                   | LMSC                              | Z-SCY                             |                 |                 |                 |
| 2007    | Z-SCY                             | Z-LCM                             | Z-SCM                             |                                   |                                   | LMSC                              |                 |                 |                 |
| 2008    | LMSC                              | Z-SCY                             | Z-LCM                             | Z-SCM                             |                                   |                                   |                 |                 |                 |
| 2009    |                                   | LMSC                              | Z-SCY                             | Z-LCM                             | Z-SCM                             |                                   |                 |                 |                 |
| 2010    |                                   |                                   | LMSC                              | Z-SCY                             | Z-LCM                             | Z-SCM                             |                 |                 |                 |
| Plan    | A                                 | B                                 | C                                 | AA                                | BB                                | CC                                | Relays          | Distance        | IM              |
|         | <b>Friday</b>                     | <b>Friday</b>                     | <b>Friday</b>                     | <b>Friday</b>                     | <b>Friday</b>                     | <b>Friday</b>                     | <b>Friday</b>   | <b>Friday</b>   | <b>Friday</b>   |
|         |                                   |                                   |                                   |                                   |                                   |                                   |                 | Distance        | IM              |
| Quad #1 | <b>Saturday</b>                   | <b>Saturday</b>                   | <b>Saturday</b>                   | <b>Saturday</b>                   | <b>Saturday</b>                   | <b>Saturday</b>                   | <b>Saturday</b> | <b>Saturday</b> | <b>Saturday</b> |
|         | 200 Free<br>100 Breast<br>50 Fly  | 50 Back<br>200 Fly<br>100 Free    | 100 Back<br>50 Breast<br>200 Free | 200 Back<br>50 Free<br>100 Breast | 50 Breast<br>100 Fly<br>200 Free  | 50 Free<br>200 Fly<br>100 Back    |                 |                 |                 |
|         |                                   |                                   |                                   |                                   |                                   |                                   | (Break)         |                 | (Break)         |
|         |                                   |                                   |                                   |                                   |                                   |                                   | Relay           |                 | IM              |
|         |                                   |                                   |                                   |                                   |                                   |                                   |                 | Relay           |                 |
| Quad #2 | 200 Back<br>50 Free<br>100 Fly    | 100 Back<br>50 Free<br>200 Breast | 100 Breast<br>200 Fly<br>50 Free  | 50 Fly<br>200 Free<br>100 Back    | 100 Breast<br>200 Back<br>50 Fly  | 100 Free<br>50 Back<br>200 Breast |                 |                 |                 |
|         |                                   |                                   |                                   |                                   |                                   |                                   | (Break)         | (Break)         | (Break)         |
|         |                                   |                                   |                                   |                                   |                                   |                                   | Relay           | Distance        | IM              |
|         |                                   |                                   |                                   |                                   |                                   |                                   |                 |                 | Relay           |
| Quad #3 | <b>Sunday</b>                     | <b>Sunday</b>                     | <b>Sunday</b>                     | <b>Sunday</b>                     | <b>Sunday</b>                     | <b>Sunday</b>                     | <b>Sunday</b>   | <b>Sunday</b>   | <b>Sunday</b>   |
|         | 200 Breast<br>100 Free<br>50 Back | 100 Breast<br>50 Fly<br>200 Free  | 50 Fly<br>200 Back<br>100 Free    | 200 Fly<br>50 Breast<br>100 Free  | 100 Back<br>50 Free<br>200 Breast | 200 Back<br>50 Breast<br>100 Fly  |                 |                 |                 |
|         |                                   |                                   |                                   |                                   |                                   |                                   | (Break)         |                 | (Break)         |
|         |                                   |                                   |                                   |                                   |                                   |                                   | Relay           |                 | IM              |
|         |                                   |                                   |                                   |                                   |                                   |                                   |                 | Relay           |                 |
| Quad #4 | 200 Fly<br>100 Back<br>50 Breast  | 50 Breast<br>200 Back<br>100 fly  | 100 Fly<br>200 Breast<br>50 Back  | 100 Fly<br>50 Back<br>200 Breast  | 50 Back<br>200 Fly<br>100 Free    | 200 Free<br>100 Breast<br>50 Fly  |                 |                 |                 |
|         |                                   |                                   |                                   |                                   |                                   |                                   | (Break)         | (Break)         | (Break)         |
|         |                                   |                                   |                                   |                                   |                                   |                                   | Relay           | Distance        | IM              |
|         |                                   |                                   |                                   |                                   |                                   |                                   |                 |                 | Relay           |

| IM      |     |
|---------|-----|
| SCY/SCM | LCM |
| 100     |     |
| 200     | 200 |
| 400     | 400 |

| DISTANCE | EVENTS  |
|----------|---------|
| SCY      | SCM/LCM |
| 500      | 400     |
| 1000     | 800     |
| 1650     | 1500    |

| RELAY     | EVENTS    |
|-----------|-----------|
| FREE      | MEDLEY    |
| 200       | 200       |
| 200 MIXED | 200 MIXED |
| 400       | 400       |
| 400 MIXED | 400 MIXED |
| 800       |           |
| 800 MIXED |           |