

USMS Convention — Jacksonville, Florida 2018

Committee Name:	Northwest Zone	Session #:	N/A
Committee Chair:	Sally Dillon	Vice Chair:	N/A
Minutes recorded by:	Sally Dillon	Date/time of meeting:	Thursday, 9/27/18; 9:45 am

Actions Requiring Approval by the HOD:

1. None

Motions Passed:

1. **MSA to approve the financial report.**
2. **MSA to endorse both candidates.**

Number of committee members present: 29	Absent: 1	Number of other delegates present: none
Committee members present (list all, including chair and vice chair): Inland NW - Paige Buehler, Michael Hamm; Montana – Jeanne Ensign, Donn Livoni, Janelle Munson-McGee; Oregon – Bob Bruce, Barry Fasbender, Christina Fox, Matt Miller, Ginger Pierson, Sandi Rousseau, Nancy Vincent, Tim Waud; Pacific NW – Kathy Casey, Linda Chapman, April Cheadle, Sally Dillon, Jim Davidson, Hugh Moore, Jane Moore, Steve Peterson, Walt Reid, Sarah Welch, Teri White; Snake River – Jim Clemmons, Jill Wright; Utah – Joe Linford, Aaron Norton, Bruce Schroeder.		
Committee Members Absent: MJ Caswell		

Minutes

The meeting was called to order at 9:45 AM.

1. The chair took inventory of those planning to attend the banquet on Saturday and tables sign-ups were conducted.
2. The minutes of the June 10, 2018 zone meeting were approved via email and are posted on the USMS website.
3. Reports:
 - a. Chair – Sally noted that long-time volunteer at the LMSC (PNA), national, and international level, Walt Reid, will be inducted into the International Masters Swimming Hall of Fame on Friday night. Everyone was encouraged to attend and cheer for our local hero! Bainbridge Aquatic Masters coach April Cheadle will receive the USMS Coach of the Year Award on Saturday night. Sandi noted that Willard Lamb will be recognized as a Swimming World Top 12 Swimmer at the IMSHOF event. Matt Miller will be receiving a Kerry O'Brien Coaching award.
 - b. Treasurer – Ken Winterberger submitted a financial report via email. All LMSCs have paid the per/swimmer surcharges for 2018. The current balance is \$6091.12. 2018 is the first year that we no longer get income from meets. Jeanne asked if we will reduce our bottom line without making other changes; Sarah noted that we are spending less on convention although that cost may increase this year. Sally suggested we take another look at the finances next year. **MSA to approve the financial report.**
 - c. Webmaster – Hugh reported that most of his duties involve posting records and announcements. USMS might want to sunset the server that the zone uses. They will be offering a template for LMSC websites and something for zones might be offered as well. Matt owns a web-hosting business and he hosts the OR, MT, and SR websites without charge. He would be willing to do the same for the zone. We can revisit this in the future.
 - d. Zone Records – Steve Darnell reported via email: The three Northwest Zone Records files (LCM, SCM, SCY) are up to date through early September 2018, including new records set at the 2018 Pan American Masters Championship meet in Florida. Current record files are posted on the Northwest Zone website.
New individual Zone records set so far in 2018:
SCY – women – 34
SCY – men – 31
LCM – women – 11
LCM – men – 8
SCM – women – 17

SCM – men – 7

- Individual National / World records were set by: Willard Lamb (age 96), Charlotte Sanddal (age 96), Margaret Toppel (age 70), Dan Kirkland (age 70), Charlotte Davis (age 68), Rick Colella (age 67), and certainly others.
- Joy Ward (age 75) set a National record at the 2018 USMS Championship meet, but the record was disallowed because of timing system operator error.
- Steve expressed thanks to the LMSC Records Chairs for sending him information via email when their swimmers set new Zone records. That process has been working well.

- e. At Large Director – Sarah thanked the zone for the opportunity to serve on the USMS Board. She noted that we will be updated throughout the convention on the major projects the board has undertaken this past year (Convention and Volunteer task forces and College Club Swimming). Sarah didn't know what to expect when she ran for the office, but it has been a great experience and she was pleased to do it. The USMS Board meets monthly via teleconference, twice a year for a weekend, and then at convention. Sandi mentioned that some changes to convention may be coming; USAS has not locked in a schedule for dates and locations beyond the next two years, which is unusual (it is usually 5-6 years).

4. Old Business

a. Zone Championship meets update

- 1) SCY – Big Sky MT Masters hosted at U of MT Grizzly Pool in Missoula, MT. 93 swimmers attended the meet; 293 ribbons were used. Aaron suggested that meet info always be sent to the entire zone volunteer base.
- 2) OW – Sawtooth Masters hosted at Broadside Harbor in Caldwell, ID. 20 swimmers competed in the championship 1-mile event; 17 ribbons were used. A swimmer from the east coast attended, otherwise there were no attendees from outside the LMSC. Jill noted that the event was the 1st weekend in June; they have to work around the water-ski calendar.
- 3) LCM – Oregon Reign Masters hosted at Mt Hood Aquatic Center in Gresham, OR. The change of date likely reduced the attendance, which was slightly under 100. Tim will return extra ribbons to Sally.
- 4) SCM – Puget Sound Masters will host on 11/17-18 at King County Aquatic Center in Federal Way, WA. Sarah reported that registration is “live”; she brought flyers to the meet. It's a great meet and a fast pool. Teri noted that we encourage certified USMS officials to work the meet. Interested officials should reach out to Teri.

- b. *The Chatter* – zone newsletter – The convention reports will be included in the next issue. If LMSCs have any additional information they would like included, submit it to Sally by October 10. Dual sanctioned events may be included.

- c. NW Zone convention survey - Sally distributed results prior to the meeting. Five responses were received: Montana, Oregon, Pacific NW, Snake River, and Utah. Sarah had instigated the survey, wanting to look at the extent to which we are valuing our leaders who have been with LMSCs and encouraging new people as well. Utah is experiencing the growth with many new board members and two new delegates here at convention. The survey was a chance to reflect on how we can build new leadership. She noted that as baby boomers move into leadership positions; we don't leave! Are we serving our whole organization by mentoring and providing leadership opportunities? Sandi feels strongly about getting new people to convention and obtaining At Large spots. She sees that new delegates either “take” or “not take”, but the exposure is important. Getting on a committee helps encourage people into coming more regularly. Sarah suggested we talk to the new delegates and make sure they know how to get on committees if they would like to. Paige mentioned that the end goal might be serving at a high level of the LMSC; not at the national level. Aaron noted that it is overwhelming seeing people who have spent decades. He would like to bring more delegates – if his LMSC could afford them. Sandi suggested that the zone might be prepared to support another delegate – Sarah said our policies would include that. Ginger said that OR applies for AL spots for older delegates, so they can use their LMSC delegate spots for new delegates.

5. New Business

- a. Prospective bids for 2019 events – bids are due Dec 1, 2018 to Sally and will be voted upon at the December meeting. She will distribute bid applications. Rotation Schedule:

- SCY – Oregon – Plans to bid; have not discussed date or location
- Long Course Meters – Oregon - Plans to bid – meet would be August 23-25 Friday-Sun at Mt Hood in Gresham
- Short Course Meters – Other than Oregon and Pacific Northwest – Utah plans to bid; date November 9. Sally will provide meet schedule; it is typically a 2-day meet.
- Open Water – Utah has not sanctioned OW event and will not bid. OR may bid for Elk Lake (25th anniversary). Bidding is open to all LMSCs.

- b. NW Zone At Large Director to the Board – vote of endorsement

- Hugh Moore submitted his application to run a few months ago. Matt Miller was nominated from the floor of the HOD earlier today. Each candidate was given 3 minutes to speak.
- Hugh spoke of growing up in the NW and participating in competitive swimming through his time at college in Idaho. An active member in PNA since the 80's, he's held many positions in the LMSC and has served in leadership positions at the national level as well. He welcomes the opportunity to bring his many years of experience to the Board.
- Matt is relatively new to the sport, having joined USMS in 2011. He has volunteered as webmaster in Oregon since 2012 and has embraced open water swimming, directing 3 open water events this past summer. He is actively involved

in his community (Ashland) to get a pool built. He attended his first convention last year and is on the USMS Long Distance committee. As a web developer, Matt believes his IT experience would benefit the board.

- Paige asked what Matt “what would he bring to the board”. He responded that he doesn’t have the institutional knowledge, but he brings a fresh perspective and he’s a quick learner.
- Answering the same question, Hugh said there is a perception that as a baby boomer, you dislike technology. Hugh said that he is the opposite and embraces technology. He thinks outside the box and adapts to change. He noted the aging chart shown at convention; USMS has missed the opportunity for providing more incentives. The vast majority of the delegates and leadership is competition oriented. He like to see other ideas that would encourage fitness swimmers.
- Ginger asked Matt to speak about finances. He explained that there appear to be better and more economical ways to operate USMS web policies. Jeanne suggested he come to Finance meetings and/or talk to Dawson Hughes.

MSA to endorse both candidates.

One additional question: Kathy asked if each candidate has a Rule Book; are they familiar with FOG; would they think to refer to these documents to determine if the board has the authority to make certain decisions. They both have Rule Books and know how to access FOG. They will be prepared to answer some hard questions from Kathy!

1. LMSC reports are included at the end of these minutes. Additional information:
 - a. Inland NW – An official’s clinic is coming up in October in Coeur d’Alene; Teri White will conduct the clinic.
 - b. Oregon – 2-mile postal relay events are being sponsored over the next 2 months. Sandi distributed information.
 - c. Snake River –Hosts dual sanctioned meets and will include them on their schedule in the future. Over the past year, four meets were dual sanctioned with USA-S: SCY 11/18-19 and 12/16-17 in 2017. LCM 5/18-20 and 7/7-8 in 2018.
2. Convention “hot topics” –

Sandi brought up L43. It would remove past presidents (except the current one) from the board. Jeanne thinks they should remain on the board. Sarah disagrees and said the depth of knowledge is sufficient. There are 6 active past presidents attending convention and while they have no vote, they participate in committees and their expenses are paid by USMS. Sandi noted that a large percentage of past presidents attended the Board meeting yesterday. Hugh didn’t think they have a big influence. Donn thinks it is hypocritical to keep them and then propose legislation eliminating the automatic vote for four committees (LD, Rules, Legislation, Finance). Both proposals were voted down in Legislation and would require 2/3 vote to be passed.

Paige brought up R-4. It would change how SCY relay age groups are organized. Paige and others are in favor. Kathy said we did this many years ago and after a couple of years, reversed the position.
3. Reminder: We will elect a new Zone Chair in 2019. Contact Sally for information about this position if you are interested. Minimum commitment – 2 years. The chair usually serves 2 terms. The position includes membership on the LMSC Development Committee.
4. Zone Meets – Hugh thinks our zone meets have become less relevant. They used to attract a lot of swimmers from different LMSCs. We need to brainstorm how to get more people to the zone meets. Sally will make this a focus for our December meeting.

Tasks for the Upcoming Year

1. Review and accept bids for the 2019 Zone Championship events (December meeting)
2. Discuss ways to draw swimmers from outside the host LMSC to the zone meets.

The meeting was adjourned at 11:20 AM

2018 LMSC Annual Reports:

Alaska LMSC

• Currently (9/21) the Alaska LMSC membership stands at 301. At the end of last year, we had 362 members. We have members from Nome to Ketchikan (1300+ miles apart) with no roads between the two. Most of our swimmers live in the Fairbanks, Anchorage, and Juneau areas, but we have a number of USMS members from outside those areas.

• The Alaska LMSC has maintained its status as a 2-delegate LMSC. To say the least, we are very pleased. The economy and the fact that there have been several AKMS members retire and move out of state have reduced our membership numbers. We can only imagine that some of these retirees have/will join other LMSCs

There is an effort afoot to visit high school swim teams in the next month (HS swim season in AK is Aug., Sept., and Oct., with Regions and State in early November) to talk to seniors who like/love swimming but don’t plan to swim competitively in college and introduce them to the idea of swimming Masters. The problem at the moment is pricing. Recently graduated HS swimmers certainly have an aversion to national fees and local swim costs.

• We currently have 2 meets planned (there is interest in more but we need folks to run them.) The 2018 Fairbanks Masters Holiday Invite is sanctioned and scheduled to be held in Fairbanks on 2 December 2018. You can find entry info here: https://www.usms.org/files/sanction/20181202dec18Y/other_document/EventOtherDocument-2018080707401929971.pdf Meet registration info will be posted soon.

• Our second meet will occur 2-3 March – probably in Fairbanks or North Pole. This could be an opportunity for folks from outside AK to participate in a SCY meet and succumb to the thrall of the aurora borealis. February/March is a GREAT time to view the aurora in AK.

• The AK LMSC will hold its annual meeting the evening of March 2; a dinner meeting. There is talk, but no planning yet, of some stroke clinics this winter.

Inland NW LMSC

Membership (as of Sept 23): 340

Number of Clubs (current): 15

Number of Workout Groups (current): 0

Elected Officers:

Chair - Matthew Bronson

Vice Chair - Michael Hamm

Secretary - Kathy Farrell-Guizar

Treasurer - Wes Bratton

Others elected - All other board members are appointed

Next elections to be held 2019

Events held since last convention:

Spring Splash Meet, CDA ID, Feb 2018

Inland NW Champs Meet, Moscow ID, March 2018

Events scheduled for fall 2018 and spring 2019:

Official Clinic/Sprint Meet, CDA ID, October 19-21

Stroke Clinic, Moscow ID, January/February

Spring Splash Meet, CDA ID, Late February

Inland NW Champs Meet, Moscow ID, Late March

Notable:

Moscow Chinooks recognized for most club participation in Spring Fitness Event 2018

Montana LMSC

Membership as of September 18: 238

Number of Clubs: 4

Number of Workout Groups: None

Elected Officers:

Chair – Jeanne Ensign

Vice Chair – Dick Weber

Secretary – Edie Van Buskirk

Treasurer – Keegan Witt

Others elected – None

Next election to be held March 2019

Events held since last convention:

- Big Sky Montana Masters (BSMT) hosted the Montana SCY State Meet in April at the University of Montana Grizzly Pool. The meet was also the NW Zone SCY Championships. 66 new state records and 11 new NW Zone records were set.
- The LMSC Annual Meeting was held the same weekend in conjunction with the Saturday night social during the state meet weekend.

Events scheduled for fall 2018 and spring 2019:

- The 2019 Montana SCY State Meet will be held in the spring in Butte. Date TBD.

Notable:

- The LMSC launched its new website earlier this year. www.swimmontana.org
- Swimmers participated in pool and open water events around the country, including the UANA Pan American Masters Championships in Orlando FL, and Canadian Masters National Championships in Calgary, Alberta on their way to rewriting the Montana record books.

Oregon LMSC**Membership (as of September 17, 2018):** 1,172**Number of Clubs:** 4**Number of Workout Groups:** 32**Elected Officers:**

Chair- Tim Waud
 Vice Chair- Robbert van Andel
 Secretary Michelle Jacobs-Brown
 Treasurer- Kermit Yensen
 Next election to be held on October 6, 2018

Events held since last convention:

November 11-12, 2017	Hood River (87)	Hood River	SCM
December 9, 2017	COMA All-around Challenge Pent. & Brute Squad (36)	Bend	SCM
December 17, 2017	Canby Animal Meet (66)	Canby	SCY
March 10-11, 2018	Oregon City Spring Ahead (85)	Oregon City	SCM
April 20-22, 2018	OMS Association Championship (233)	Corvallis	SCY
May 19, 2018	COMA LCM Pentathlon (37)	Bend	LCM
May 20, 2018	Lake Juniper (30)	Bend	OW
June 9, 2018	Oregon Senior Games (26) *	Bend	SCY
July 8, 2018	Portland Bridge Swim National Championship (132)	Portland	OW
July 12, 2018	Foster Lake Cable Swim National Championship (129)	Sweet Home	OW
July 14-15, 2018	Applegate Lake Swim National Championship (156)	Ruch	OW
July 20-22, 2018	Gil Young/NW Zone/OMS Championship (97)	Gresham	LCM
July 27-29, 2018	Cascade Lakes Swim Series & Festival at Elk Lake (174)		OW
August 11, 2018	Eel Lake Swim (41)	Reedsport	OW
September 9, 2018	Lake of the Woods (33)	Ashland	OW

(#Participants) * Recognized

Events scheduled for Fall 2018 and Spring 2019:

November 10, 2018	Hood River	Hood River	SCM
December 8, 2018	COMA All-around Challenge Pent. & Brute Squad	Bend	SCM
January 13, 2019	Canby Animal Meet	Canby	SCY
January 27, 2019	Chehalem Meet	Newberg	SCY

Notable:

- Willard Lamb was recognized as one of Swimming World's 2017 Top 12 World Masters Swimmer of the Year and will be recognized at the IMSHOF awards ceremony at convention.
- Oregon Masters Swimming held three USMS Open Water National Championships in July 2018.

PNA LMSC**Membership (as of Sept 15):** 1704**Number of Clubs (current):** 8 (including UC36)**Number of Workout Groups (current):** 29 belonging to Puget Sound Masters**Elected Officers:**

President – Sally Dillon
 Vice Chair – Zena Courtney
 Secretary – Jay Pearson
 Treasurer – Arni Litt
 At Large – Kathy Casey
 At Large – Isaac Contreras
 Next election to be held in March/April 2019

Pool Events held since last convention (USMS sanctioned):

October 14: SCY – BAMFest, Bainbridge Island
November 5: SCY – Snohomish Aquatic Masters Meet, Snohomish
November 18/19: SCM - Puget Sound Masters Championship Meet, Federal Way
January 21: SCM – Bellevue Club Masters Mile, Bellevue
February 4: SCM – Thunderbird Masters Meet, Anacortes
February 18: SCY – Lake Washington Invitational, Kirkland
March 11: SCY – Port Angeles Masters Meet, Port Angeles
March 19: SCY – Lake Stevens Pentathlon, Lake Stevens
April 14/15: SCY – PNA Championships (hosted by BWAQ), Federal Way
July 12-14: LCM – 99th Annual Senior Seattle Open, Seattle (salt water pool)

Open Water Events held since last convention (USMS sanctioned)

June 9: 1.2 & 2.4 miles – Whidbey Island Adventure Swim, Saratoga Passage (salt water), Langley
July 14: 3.2 miles – Fat Salmon Open Water Swim, Lake Washington, Seattle
August 5: 3K & 5K – Swim Defiance, Commencement Bay (salt water), Tacoma
August 25: 800 m, 2.5K, 5K, 10K – Aly Fell Memorial Swim, Lake Padden, Bellingham
September 15: 1 & 2 miles – Last Gasp of Summer, Angle Lake, SeaTac

Pool Events scheduled for fall 2018 and spring 2019:

October 13: SCY – BAMFest, Bainbridge Island
November 4: SCY – Snohomish Aquatic Masters Meet, Snohomish
November 17/18: SCM - Puget Sound Masters Championship Meet, Federal Way
January 13: SCM – Bellevue Club Masters Mile, Bellevue
February 2: SCM – Thunderbird Masters Meet, Anacortes
March 10: SCY – Port Angeles Masters Meet, Port Angeles
April 6/7: SCY – PNA Championships (hosted by BWAQ), Federal Way

Notable:

- PNA held its annual meeting in conjunction with a meet social and awards presentation during the SCY championship weekend. Over 50 members attended. This was the first time in >20 years that such an event was held. We look forward to doing it again and attracting more members in 2019
- PNA has amended its meet policies to allow swimmers from other LMSCs to score points at the April PNA championship meet. Their clubs will not be eligible for high-point awards, but individuals will now receive awards and be placed along with PNA swimmers in the results
- PNA provided financial support to one coach who will attend the National USMS Coaches Conference this fall
- PNA hosted a visit from USMS CEO Dawson Hughes to offer the National Office a better understanding of issues in the Pacific Northwest. Dawson also met with local club representatives during his visit
- Walt Reid was selected to the International Masters Swimming Hall of Fame (IMSHOF) as an Honor Contributor
- April Cheadle has been selected as the 2018 USMS Coach of the Year
- World records were set by two PNA swimmers: Dan Kirkland (70) - SCM 200 (2:21.49), 400 (5:01.98), 800 (10:28.06), and 1500 free (19:52.89) and LCM 400 free (5:03.56) and 800 free (10:37.71), 1500 free (20:26.12); Rick Colella (67) - SCM 400 free (4:27.91), 200 breast (2:36.85), 200 fly (2:35.35), 400 IM (5:03.34)

Snake River LMSC

Membership (as of Sept 19): 141
Number of Clubs (current): 4
Number of Workout Groups (current): 0

Elected Officers:

Chair - Jim Clemmons
Vice Chair - Jeff Erwin
Secretary - Suzy Cavanaugh
Treasurer - Brigitta Gruenberg
Registrar - Jill Wright
Others elected – Paula Moores, sanctions
Next election to be held in May 2019

Events held since last convention:

- NW Zone 1 Mile Open Water Championship – Broadside Harbor, Caldwell, ID

- Broadside Harbor 2 Mile Open Water
- Adult Learn to Swim (ALTS) program during the summer

Events scheduled for fall 2018 and spring 2019:

- Broadside Harbor 1, 2-Mile Open Water swims – May TBD

Notable: nothing to report

Utah LMSC

Membership (as of Sept 16): 347
Number of Clubs (current): 16
Number of Workout Groups (current): 0

Elected Officers:

Chair - Aaron Norton
Vice Chair - Karen Oliver
Secretary - Mike Flitton
Treasurer - Joe Linford
Next election to be held 2019

Events held since last convention:

- 11th Annual South Davis Masters Meet
- Utah State Championships: April
- Summer Swimming Classic (1st Long Course Meters Meet in Utah in over a decade): August
- Utah Open Water Triple Crown (not sanctioned)
- 2nd Annual Mile Short Course Meters Invitational: September

Events scheduled for fall 2018 and spring 2019:

- 12th Annual South Davis Masters Meet
- Utah State Championships

Notable:

- 1st Newsletter for Utah LMSC published (not had one in almost 4 years)
 - 2nd Annual Tour of Utah Lakes (not sanctioned) . . . Swim 1 mile in 6 lakes in 1 day
-