

IM	
SCY/SCM	LCM
100	
200	200
400	400

DISTANCE	EVENTS
SCY	SCM/LCM
500	400
1000	800
1650	1500

RELAY	EVENTS
FREE	MEDLEY
200	200
200 MIXED	200 MIXED
400	400
400 MIXED	400 MIXED
800	
800 MIXED	