

2012 Northwest Zone LCM Championship Meet Bid

Meet: 2012 Long Course Meters Championship

You may submit using any written method (mail, email, or attachment to email)

Name of Person submitting bid: _____

Phone: _____ Email: _____

LMSC: Alaska Inland Northwest Montana Oregon PNA Snake River Utah

Position in the LMSC _____

Does the LMSC support this bid? Yes No

Name of the club/team/group to host: _____

Has this group/team ever hosted a meet? Yes No
If yes, how many in the past five years? _____

Dates for the meet: _____

City & pool location of the meet: _____

Fee structure for the meet (remember to include the \$1.50 surcharge to return to the zone): _____

Who will profit from hosting this meet? _____

Please include information about the following:

1. Meet Details:
 - a. Schedule for the meet, including start times and warm-up, order of events, how the distance events will be run, seeding, and relay information. Include a preliminary entry form.
 - b. Please use NW Zone Championship order of events as outlined in the zone policies; included at the end of this form.
2. Pool Details:
 - a. Number of competition and warm-up lanes.
 - b. Pool Temperature?
 - c. Pool measurements: include a copy of the completed measurement certification form or plan for measurement.
 - d. Describe the timing system to be used.
3. Meet Personnel:
 - a. Describe how timers, officials, safety marshals, and lifeguards will be supplied.
 - b. Are the officials USMS, USA or YMCA certified?
 - c. Describe the volunteer base that will be assisting with the meet.
4. Hospitality Details:
 - a. Describe the hospitality at the meet—will there be food and beverages provided, or for purchase?
 - b. Describe the lodging and dining information, including proximity to the pool, and price ranges.
 - c. Do you plan to host a social on Saturday evening? (If so please give a brief description)
5. Other information that might assist the NW Zone in making a decision.

The more information provided the better chance your organization will have in winning the bid.

Zone Chair, Wes Edwards 17214 SE 31st Street, Vancouver, WA 98683
503-460-7989 (before 10 pm please) • wesedwards.backstroker@comcast.net

2012 Northwest Zone LCM Championship Meet Bid Information

Order of Events and Format

1. Order of Events: The published order of events shall be as listed on the NW Zone Championship order of events noted in attachment A of the NW Zone Policies. The various orders of events based on quadrants shall rotate each year. Each quadrant shall be kept intact and any deviation from the quadrants must be approved in advance by a vote of the NW Zone LMSCs. If the Zone Championship and an LMSC Championship are held in conjunction, the Zone order of events shall take precedence, unless another order is approved by a vote of the NW Zone LMSCs. The required order of events for the 2012 LCM Championships is included below.
2. Time Considerations: Meet hosts are encouraged to consider travel time for participants when scheduling the meet. Meet hosts should consider allowing significantly slower swimmers to swim through two heats in distance events to save overall meet time.
3. Distance Freestyle Events: During a pool championship, the 800 & 1500 meter freestyles shall always be offered. At the discretion of the meet director, swimmers may be allowed to enter only one or both of the distances. Elimination of any one of these events must be approved in advance by a vote of the NW Zone LMSCs. One or both of the distance freestyle events may be offered on Friday night.
4. Individual Medley Events: Individual medley events may be fit into any of the possible spots. The 400 individual medley may be scheduled on Friday night. Individual medleys are separated from quadrants by relays & breaks (the break or relay may be before or after the individual medley).
5. Relays: Championship pool meets shall offer all relay distances. Upon a request by the meet director and approval by vote of the NW Zone LMSCs, the 400 or 800 relays may be dropped due to time constraints and pool availability. Relays can fit into any of the spots shown. Breaks may be scheduled before and/or after relays at the option of the host.
6. Warm-ups & Breaks: A second warm-up after early morning distance freestyle may be added. Entry forms should indicate, "Event ___ to begin no earlier than _____ a.m. or _____ p.m." A break may be scheduled before distance freestyle events at the end of the day.
7. Seeding: Pre-seeding or deck seeding at NW Zone Championships is at the discretion of the meet director. If the meet is to be deck seeded, it must so state on the entry form. If the meet is deck seeded, the event and heat number for each heat in the water must be displayed in a location easily seen by the participants. If the meet is deck seeded a heat sheet should be posted for each event prior to the swimming of the event. Events may be seeded slow-to-fast or fast-to-slow; however, all events within the meet must be seeded the same way.

Safety Marshalls

Safety marshals shall be provided by the meet host. There shall be at least two marshals on deck during all warm-up sessions and one marshal observing warm-up lanes during competition. Marshals shall be familiar with warm-up and safety procedures (USMS and LSMC) and shall enforce such procedures throughout the course of the meet. Each marshal shall be easily identifiable as a safety marshal by an item of clothing or other means. Facility lifeguards may be trained to act as safety marshals.

Awards

The host LMSC of each NW Zone Championship is responsible for distributing awards for that event. The zone shall provide awards to the championship host at no cost.

Scoring

There shall be no LMSC, club or team scoring.

Meet Results

The meet host must ensure that the meet results are posted and available to the Zone Chair within ten days of its completion. The meet host shall ensure that the results are forwarded to the USMS Top Ten Recorder prior to the deadline of August 31, 2012.

Zone Forum

The host shall provide a meeting space near the pool for the NW Zone Forum on Saturday, one hour prior to the start of warm-ups, or at another time approved by the Zone Chair.

Order of Events for 2012 NW Zone LCM Champs

Plan	A	Relays	Distance	IM
	Friday	Friday	Friday Distance	Friday IM
Quad #1	Saturday 200 Free 100 Breast 50 Fly	Saturday	Saturday	Saturday
		(Break)		(Break)
		Relay		IM
				Relay
Quad #2	200 Back 50 Free 100 Fly			
		(Break)	(Break)	(Break)
		Relay	Distance	IM
				Relay
Quad #3	Sunday 200 Breast 100 Free 50 Back	Sunday	Sunday	Sunday
		(Break)		(Break)
		Relay		IM
				Relay
Quad #4	200 Fly 100 Back 50 Breast			
		(Break)	(Break)	(Break)
		Relay	Distance	IM
				Relay