

# NORTHWEST ZONE

USMS Northwest Zone Newsletter

# CHATTER



Volume 14, Number 3

June - July 2001

## Swimming - A Life's Passion

(USMS Motto for 2001)

### Good Times in Tacoma at LCM Zone Meet



photo by Sandy McNeel

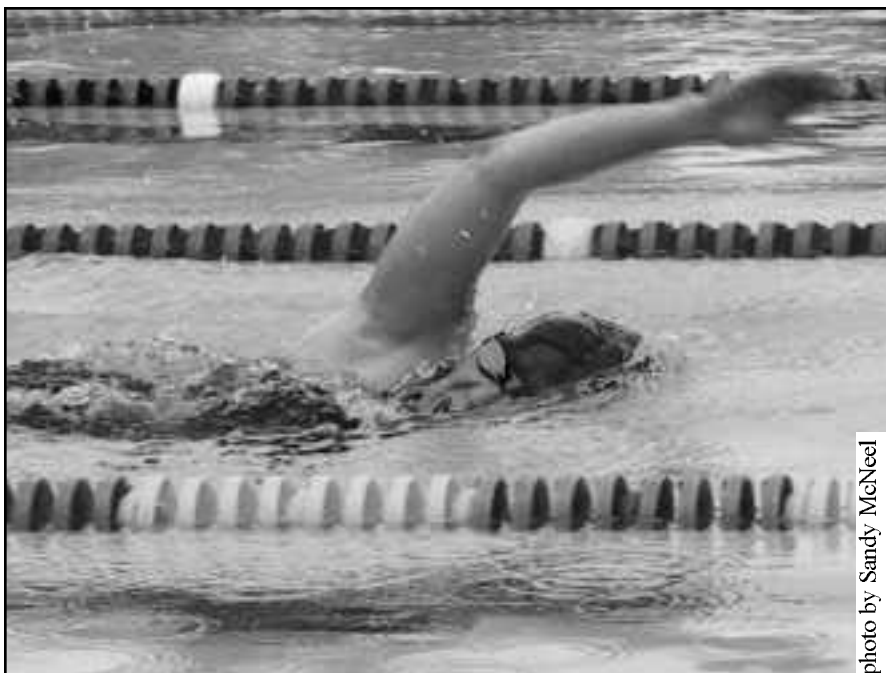


photo by Sandy McNeel

With great weather on Saturday and Northwest weather on Sunday, the LCM Zone meet went well. Pictured on the left is "Jet" Vallandigham, Social Chair for PNA. Pictured below on the left is Teri Hendryx of the MAC Club (Oregon LMSC). Teri used the Zone Meet to swim her first 1500 as a tune up for the National Championships, which PNA will host in August at the World Class Federal Way Aquatic Center.

For your Zone Rep it was a time of reunion. Greg Collins of PNA was a member of his high school swim team back in the 60's. After over 30 years they got back together at the SCY Zone meet in Parkrose, Oregon. The LCM Zone meet really gave them a chance to talk over old times and catch up. New friendships and the renewal of old friendships is one of the great features of Masters swimming. Dave and Greg are pictured on page 2 showing off their old high school swimming and water polo tee shirt.

Special thanks to Lee Carlson, Chair of PNA and Hugh Moore, Meet Director of the LCM Zone meet, for hosting the meet. To put on the Zone meet just a short time before Nationals was asking a lot. The Northwest Zone appreciates your dedication to Masters Swimming. PNA could use some volunteer help from the rest of the Zone at Nationals. If

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you or any member of your LMSC would be interested in volunteering to help at Nationals please contact Sarah Welch.

**Sarah Welch**

**3704 Cheasty Blvd. South**

**Seattle, WA 98144**

**or email**

**sarahwelch@aol.com**

Let's have the whole Northwest Zone get behind this National Event. Participating as both competitors and volunteers will show the rest of USMS the quality of Masters swimming in the Northwest. See you at Federal Way in August.

**Greg Collins, Captain and MVP his Senior Year, at Chaffey High School, gets back together with his "old" high school coach, Dave Radcliff at the LCM Zone Meet.**

Complete results of the LCM Zone Meet are online at  
<http://www.northwestzone.org/>

#### Northwest Zone Minutes

Tacoma, Washington

June 23, 2001

**In attendance:** Lee Carlson - PNA, Sarah Welch - PNA, Hugh Moore - PNA, Jane Moore - PNA, Jeanette Vallandigham - PNA and Dave Radcliff - Zone Rep.

**Minutes:** MSP - moved by Sarah Welch and seconded by Lee Carlson to approve the minutes from the SCY Zone Meeting.

**Financial Report:** MSP- moved by Lee Carlson and seconded by Sarah Welch to approve the Financial Report submitted by Zone Treasurer, Jeanne Ensign. See page 3 of the Chatter for the full financial report.

**Small LMSC funding for Convention:** Dave announced that the Zone would be assisting Doug Garcia of Inland Northwest, Ann Gilbert of Montana and Dennis Tesch of Utah to attend the National Convention.

**Nominations for Zone Rep:** This is an election year for Zone Reps. Dan Frost was nominated. Nominations will also be taken from the floor at the Zone meeting on Saturday morning during Convention.

**Convention Social:** The Northwest Zone social will be a continental breakfast before the Zone meeting on Saturday morning. The meeting is scheduled for 9:30 and the breakfast/social will begin at about 8:45. Please plan on being there.

**Northwest Zone Web Page:** The NW Zone web page is up and running on the USMS server. Check it out at <http://www.northwestzone.org/>

**Northwest Zone National Candidates:** The Northwest is well represented at this year's national election. Sandi Rousseau is running for President, Hugh Moore is running for Vice President and Sally Dillon is running for Secretary. All Northwest delegates are urged to support our own Northwest candidates.

**Meet update:** Plans for LCM Nationals at Federal Way, hosted by PNA are proceeding smoothly. Ditto for the National 3000 Open Water Championships at Elk Lake in Central Oregon. All Northwest swimmers are urged to take part in the 5K/10K National Postal competition which is currently underway. COMA of Oregon is hosting this event.

**SCM Zone Meet:** Reminder to put October 27-28 on your Calendar for the SCM Zone Meet. (Entry blank included in this issue of the Chatter.

**Adjournment:** Adjournment at 7:10 PM



# NORTHWEST ZONE EVENT SCHEDULE

## 2001 Calendar and Meet Schedule

### Pool Meets

<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Contact</u>	
Sept. 29	SCM	Whidbey Island Pentathlon	Sally Dillon	salswmr@oakharbor.net
Oct. 27-28	*SCM Zone	Beaverton, Oregon	Sandi Rousseau	tsrousse@ix.netcom.com

\* ENTRY BLANK INCLUDED IN THIS ISSUE

### Open Water Swims

July 21	1 & 3 mile	Fat Salmon, Seattle, WA,	Michael Meyer	meyer@tempstore.net
July 22	1 mile	Steve Omi Swim Lake Coeur d' Alene, ID	Margaret Hair	208-667-3721 ramgolf@gocougs.wsu.edu
July 22	1500/3000	Hagg Lake	Andrea Milano	elleroy@hotmail.com
Aug. 4-5	500/1500/3000	Elk Lake (Entry Blank in SWIM Magazine)	Pam Himstreet	himstreet@bendcable.com
Aug. 25-26	1500/3000	Lake Dorena	Steve Johnson	freedive3@hotmail.com
Sept. 8	1/2 & 1 mile	Whitefish Lake, Montana	Holly Apple	smrtaple@digisys.net

### Postal Championships

May 15 - Sept. 30	5/10 K Postal Championship (Entry blank in SWIM Magazine)	Pam Himstreet,	3339 NW Windwood Way, Bend, OR 97701 541-385-7770	himstreet@bendcable.com
Sept. 1 - Oct. 31	3000/6000 Postal Championship	Doug Brogan		FitTogether@aol.com

### National Championships 2000 / 2001

Aug. 4, 2001	3000	Elk Lake, Oregon	Pam Himstreet -	(541) 385-7770
Aug. 16-19, 2001	LCM	Federal Way, WA	Hugh Moore -	himstreet@bendcable.com weswim@mindspring.com



## Northwest Delegates to National Convention

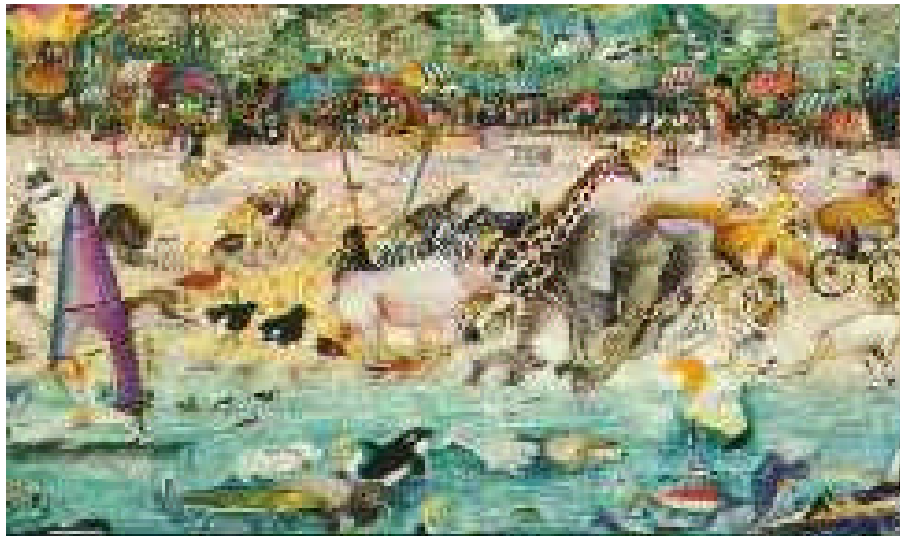
The Northwest will be well represented at the National Convention in Dearborn, Michigan. Representatives from the following LMSCs will attend:

- PNA -**  
**Delegates:**  
 Lee Carlson  
 Walt Reid  
 Sandy McNeel  
 (Alternate Sarah Welch)  
**Others:**  
 Kathy Casey (Rules)  
 Steve Petersen (Legislation)  
 Sally Dillon (LD Chair)  
 Hugh Moore (Communication Chair)  
 Jeanne Ensign (Exec Committee)  
 Jane Moore (Legislation)  
 Jan Kavadas (Rules)
- Montana -**  
**Delegate:**  
 Ann Gilbert
- NW Zone Rep -**  
 Dave Radcliff

- Inland Northwest -**  
**Delegate:**  
 Doug Garcia  
**Other:**  
 Elin Zander (Legislative Chair)
- Utah -**  
**Delegate:**  
 Dennis Tesch  
**Other:**  
 TBA (Coach)
- Snake River -**  
**Delegate:**  
 Jill Wright
- Oregon -**  
**Delegates:**  
 Pam Himstreet  
 Bob Bruce.  
**Delegates-at-large:**  
 Suzanne Rague  
 Ginger Pierson (Ad Hoc ISHOF Chair)  
**Other:**  
 Dan Gray (LD Committee)  
 Jody Welborn  
 Sandi Rousseau (Championship Chair)

Contact any of the above with questions, concerns or ideas in regards to the USMS National Convention

## Northwest Zone Logo to be designed by Oscar Flores-Fiol



*Pictured above is his popular poster from the 1998 World Master Games*

World Famous Artist and Master Swimmer, Oscar Flores-Fiol, has agreed to design a logo for the Northwest Zone. The new logo will be featured on the home page of the Northwest Zone Web Page and will be available for other LMSCs to use as a link to the Northwest. Thank you Oscar!

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5832 SE WOLL POND WAY  
HILLSBORO, OR 97123

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